

Neal R. Morris, Ed.D., M.S.
Child and Family Psychology
Health Psychology

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Education:

Postdoctoral M.S. Dec. 2005	Alliant International University/ California School of Professional Psychology, San Francisco Area of Study: Clinical Psychopharmacology
1987 Postdoctoral Institute	Maryland Psychological Association Foundation Area of Study: Marital/Couples Therapy
1985 Postdoctoral Institute	Maryland Psychological Association Foundation Area of Study: Behavioral Medicine – Biofeedback and Self-regulatory Therapies in the Treatment of Psycho-Physiological Disorders.
Ed.D. July 1976	The University of South Dakota; Vermillion, South Dakota Area of Study: Counseling and School Psychology
Ed.S. December 1974	The University of Iowa; Iowa City, Iowa Area of Study: School Psychology
M.S. September 1972	Illinois State University, Normal, Illinois Area of Study: School and Clinical Psychology
B. A. June 1966	Coe College; Cedar Rapids, Iowa Major: Psychology

Professional Licensure:

Maryland	License Number 1822
District of Columbia	License Number 1296
West Virginia	License Number 478

Board Certification:

American Academy of Sleep Medicine - Behavioral Sleep Medicine (CBSM, number 79)
Biofeedback Certification Institute of America (Fellow, number 4195)
Association of State and Provincial Psychology Boards (CPQ, number 1764)

Competency Examination:

American Psychological Association / College of Professional Psychology:
Psychopharmacology Examination for Psychologists (September 2007)

Professional Affiliations:

American Psychological Association (APA)

Member	Council of Representatives (Jan 2007-Dec 2009)
Liaison	Division 55 representative/liaison to CAPP

Maryland Psychological Association (MPA):

Former Vice Chair	Educational Affairs Board
Former Chair	Hospital Privileges Sub Committee
Former Chair	Professional Affairs Board
Former Chair	Legislative Affairs Board
President	1999 - 2000
	1998 – 2001 Policy and Planning Committee
Chair	RxP Taskforce
Chair	Colleague Assistance Committee
Member	Licensing Issues Sub Committee
Member	Board of Directors & Executive Committee

West Virginia Psychological Association (WVPA):

Former member	Ethics Committee
Chair	Professional Affairs Committee
Representative	APA Business of Psychology Network
Parliamentarian	

American Academy of Sleep Medicine

Association of Family and Conciliation Courts

Collaborative Family Healthcare Association

Give An Hour (www.giveanhour.org)

Liaison/Coordinator to professional training programs

Mid-Atlantic Society for Biofeedback and Behavioral Medicine

Massachusetts Psychological Association

Washington D.C. Society of Clinical Hypnosis

Washington D.C. Society of Sleep Medicine

Association of Practicing Psychologists of Montgomery and Prince Georges Counties

Montgomery County Mental Health Association - Professional Advisory Committee

Description of Clinical Practice:

In my Bethesda office, I provide psychotherapy and assessment services to ages 4 and up with a wide variety of clinical problems and issues. Roughly 65% of my time is spent in the Bethesda office. I specialize in treating children, adolescents, families, and couples with a cognitive behavioral treatment orientation. I also provide clinical health psychology/behavioral medicine services such as pain management and treatments of clinical disorders such as chronic headaches and IBS (Irritable Bowel Syndrome). I provide consultation and treatment management for a wide range of child and adult sleep disorders. I have refined testing skills and place an emphasis on thorough clinical assessment including personality, intellectual, neuropsychological screening, psycho-educational, and psycho-physiological assessments as appropriate to the individual patient's needs.

I maintain admitting privileges at a Bethesda hospital for those patients who have intensive treatment requirements. I had previously focused roughly half of my clinical practice on inpatient psychiatric and/or behavioral medicine services.

In West Virginia I am a partner in a small group practice. My emphasis is on the assessment and treatment of children and adolescents and marital therapy. I provide behavioral sleep medicine consultation and treatments for children and adults. I provide frequent advice and support to social service agencies and family court including consultations on custody and visitation as well as fitness for parenting evaluations. I provide parenting coordinator services by court order in circumstances of high conflict between the parents of minor children. I also provide evaluative clinical psychopharmacology consultation with follow along management/monitoring to primary care physicians, nurse practitioners and clinics. I am authorized to use the title Advanced Practice Licensed Psychologist when providing pharmacotherapy and behavioral sleep medicine consultations to healthcare professionals and/or the public. Psychopharmacology consultation involves a thorough assessment of the patient's psychological state with feedback on psychotherapy recommendations as well as pharmacotherapy treatment options. Pharmacotherapy recommendations include any necessary labs or procedures required prior to the prescribing of psychotropic medications for the patient.

Current Research:

Visiting Fellow Clinical Hypnosis Protocol: Hypnosis as a Pain and Symptom Management Strategy in Patients with Sickle Cell Disease. Principal Investigator, Gwentyth R. Wallen, PhD, RN (Dept of Nursing CC/NIH), Medical Advisory Investigator, Gregory J. Kato, MD (Vascular Therapeutics Section, Cardiovascular Branch, Critical Care Medicine Department CCMD), Lead Associate Investigator, Daniel Handel, MD (Pain and Palliative Care CC/NIH).

Recent Publications:

Guest Editor, *The Maryland Psychologist* - Psychopharmacology (seven articles). Volume 53, Number 6, 2008.

Morris, N.R. (2008) Caring for Ourselves, Caring for Each Other: The Colleague Assistance Committee. *The Maryland Psychologist*, 53 (4), 15-16 & 19.

Morris, N.R. (2008) Depression, Insomnia and Medications. *The Maryland Psychologist*, 53 (6), 9-12.

Morris, N.R. (2006) RxP – An Adventure in Psychopharmacology Training. *The Maryland Psychologist*, 51 (3), 25 & 28.

Morris, N. R. (2006) Do a “Good Deed” and Get Paid Too! Parent Coordination: A New Practice Opportunity. *The Maryland Psychologist*, 51 (3), 26-27.

Professional Positions:

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| 1996 – Present | Independent Practice; Bethesda, Maryland |
| 1993 – Present | Primary Psychological Care, PLLC; Moorefield, West Virginia |
| 2007 – Present | Visiting Fellow, Pain and Palliative Care
Clinical Center/National Institutes of Health; Bethesda, Maryland |
| 1985 - 1996 | Clinical Psychologist
Metropolitan Psychiatric Group; Bethesda, Maryland |
| 1984 - 1994 | Clinical Instructor, Child Psychiatry
Department of Psychiatry, School of Medicine
Georgetown University, Washington, D.C. |
| 1988 - 1990 | Consulting Psychologist
St. Coletta School; Arlington, Virginia |

1984 - 1989	The Child Center; Rockville, Maryland
1983 – 1985	Clinical Psychologist Accotink Academy; Springfield, VA
1976 – 1983	Educational Psychologist Child Psychiatry Department, The University of Iowa Iowa City, Iowa
1974 – 1975	Clinical Psychologist Jasper County Mental Health Center; Newton, Iowa
1973 – 1974	School Psychologist Jasper County Schools; Newton, Iowa
1972 – 1973	Psychological Assistant (trainee) Mental Health Institute; Mt. Pleasant, Iowa

Hospital Affiliations:

Senior Attending and

Chair of Psychology Suburban Hospital – Johns Hopkins Medicine; Bethesda, Maryland

Affiliate Staff Holy Cross Hospital; Silver Spring, Maryland

Medical Staff Clinical Center-National Institutes of Health; Bethesda, Maryland

Recent Professional Workshops and Presentations:

2009:

Baltimore Psychological Association Hypnosis and Pain Control

2008:

American Psychological Association Congressional Press Briefing: Coalition to
end the two year wait for Medicare – the
presentation of APA’s position

The Child and Adult Center Integrative Sleep Disorders Treatments

Assoc. Practicing Psychologists Sleep Disorders and Hypnosis

2007:

Maryland Psychological Association

Smoking Cessation: Research and Treatment

2006:

Maryland Psychological Association

Parenting Coordination

2005:

Maryland Psychological Association

Teaching Your Clients Self-relaxation

Maryland Psychological Association

Animal-assisted Psychotherapy

West Virginia Psychological Assoc.

Pet Assisted Therapy

Psychotherapy Networker Symposium

Breaking the Grip of Insomnia

2004:

Pro Bono Counseling Conference

Treating Cancer Patients and Their Families

2003:

Psychotherapy Networker Symposium

Behavioral Healthcare and You

West Virginia Psychological Assoc.

Sharpening the Saw: Renewing Your Skills
in Teaching Self-relaxation

Maryland Psychological Association

Treating Insomnia

2002:

Washington Society of Clinical Hypnosis

Irritable Bowel Syndrome: Treatment
Techniques

West Virginia Psychological Assoc.

Treating Insomnia

2001:

Maryland Psychological Association

Collaborative Practice: Using Hypnotic
Techniques

09.09

